

The Hatchery Menu Nutritionals and Allergens

Menu Item	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	ALLERGENS
Chicken Tenders & Nuggets													
Chicken Tenders Basket (3)													
	3 tenders & fries												
Fried		690	300	33	5	0	90	2530	63	2	6	34	wheat, milk, egg
Fried Spicy		690	300	34	5	0	90	2670	64	2	6	34	wheat, milk, egg
Grilled		550	230	26	4	0	85	2200	47	2	4	32	none
Grilled Spicy		560	240	26	4	0	85	2340	48	2	4	32	none
Chicken Tenders Basket (5)													
	5 tenders & fries												
Fried		930	400	44	8	0	145	3500	78	3	10	55	wheat, milk, egg
Fried Spicy		940	400	44	8	0	145	3720	80	3	10	55	wheat, milk, egg
Grilled		710	290	32	6	0	140	2950	52	2	7	52	none
Grilled Spicy		720	290	32	6	0	140	3180	53	2	7	52	none
Chicken Nuggets Basket (8)													
	8 nuggets & fries												
Fried		630	260	29	3.5	0	55	2720	72	3	6	21	wheat, milk, egg
Fried Spicy		630	260	29	3.5	0	55	2830	73	3	6	21	wheat, milk, egg
Grilled		440	180	20	2	0	50	2200	48	2	3	18	none
Grilled Spicy		440	180	20	2	0	50	2310	49	2	3	19	none
Chicken Nuggets Basket (12)													
	12 nuggets & fries												
Fried		790	320	35	4.5	0	80	3540	88	3	9	30	wheat, milk, egg
Fried Spicy		790	320	35	5	0	80	3710	89	3	9	31	wheat, milk, egg
Grilled		500	180	21	2	0	80	2750	52	2	5	27	none
Grilled Spicy		510	190	21	2	0	80	2920	53	2	5	27	none
Choice of Sauce													
Hatch Sauce	1.75 oz	180	150	17	2	0	15	580	6	0	5	0	egg, fish
Honey Hot Sauce	1.75 oz	170	15	1.5	0	0	0	70	40	0	40	0	soy
Wicked Sauce	1.75 oz	220	220	25	4	0	15	470	2	0	0	0	egg, soy
Buffalo Sauce	1.75 oz	100	90	10	0	0	0	560	3	0	0	0	none
Honey Mustard Sauce	1.75 oz	280	240	26	4.5	0	15	240	14	0	14	0	egg
Sweet Baby Ray's Sauce	1.75 oz	120	0	0	0	0	0	510	30	0	28	0	none
Sweet Soy	1.75 oz	100	0	0	0	0	0	1290	24	0	19	2	soy, wheat, sesame seed
Bleu Cheese	1.75 oz	260	250	28	3.5	0	15	450	2	0	2	2	egg, milk, soy
Ranch	1.75 oz	170	170	19	2.5	0	15	470	2	0	2	2	milk, egg
Poblano	1.75 oz	230	230	26	4.5	0	15	490	2	0	0	0	egg

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Traditional Wings													
Traditional Wings-Naked	6 wings & celery	660	480	53	14	0	280	280	3	1	1	46	none
Traditional Wings-Mild	6 wings & celery	680	480	53	14	0	280	920	7	1	1	46	none
Traditional Wings-Medium	6 wings & celery	680	480	53	14	0	280	1360	7	1	1	46	none
Traditional Wings-Hot	6 wings & celery	680	480	53	14	0	280	1440	7	1	1	46	none
Traditional Wings-Buffalo	6 wings & celery	780	590	65	14	0	280	920	7	1	1	46	none
Traditional Wings-Wicked	6 wings & celery	910	730	82	18	0	300	820	4	1	1	46	egg, soy
Traditional Wings-Sweet Soy	6 wings & celery	780	480	53	14	0	280	1760	31	1	23	48	soy, wheat, sesame seed
Traditional Wings-Garlic Parm	6 wings & celery	820	620	69	16	0	280	1200	7	1	1	46	milk, soy
Traditional Wings-Hot Honey	6 wings & celery	850	500	55	14	0	280	360	49	1	47	46	soy
Traditional Wings-Swt Baby Ray's	6 wings & celery	800	480	53	14	0	280	860	37	1	33	46	none
Traditional Wings - Blackened Dry Rub	6 wings & celery	900	720	81	19	0	280	920	3	1	1	46	soy
Traditional Wings - Nashville Hot Dry Rub	6 wings & celery	920	730	82	19	0	280	1330	6	2	2	46	soy
Traditional Wings-Naked	10 wings and celery	1090	800	88	23	0	470	420	3	1	1	76	none
Traditional Wings-Mild	10 wings and celery	1120	800	88	23	0	470	1380	9	1	1	76	none
Traditional Wings-Medium	10 wings and celery	1120	800	88	23	0	470	2040	9	1	1	76	none
Traditional Wings-Hot	10 wings and celery	1120	800	88	23	0	470	2160	9	1	1	76	none
Traditional Wings-Buffalo	10 wings and celery	1270	960	106	23	0	470	1380	9	1	1	76	none
Traditional Wings-Wicked	10 wings and celery	1460	1170	131	30	0	495	1240	5	1	1	76	egg, soy
Traditional Wings-Sweet Soy	10 wings and celery	1270	800	88	23	0	470	2640	45	1	34	79	soy, wheat, sesame seed
Traditional Wings-Garlic Parm	10 wings and celery	1330	1010	112	26	0	470	1800	9	1	1	76	milk, soy
Traditional Wings-Hot Honey	10 wings and celery	1370	820	91	23	0	470	550	72	2	70	76	soy
Traditional Wings-Swt Baby Ray's	10 wings and celery	1300	800	88	23	0	470	1290	54	1	49	76	none
Traditional Wings - Blackened Dry Rub	10 wings and celery	1450	1160	130	30	0	470	1450	3	1	1	76	soy
Traditional Wings - Nashville Hot Dry Rub	10 wings and celery	1490	1170	132	31	0	470	2140	8	2	3	76	soy

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Traditional Wing Baskets													
Naked	8 wings, fries & celery	1190	790	88	20	0	375	1430	43	3	1	63	none
Mild Sauce	8 wings, fries & celery	1220	790	88	20	0	375	2230	48	3	1	63	none
Medium Sauce	8 wings, fries & celery	1220	790	88	20	0	375	2780	48	3	1	63	none
Hot Sauce	8 wings, fries & celery	1220	790	88	20	0	375	2880	48	3	1	63	none
Buffalo Sauce	8 wings, fries & celery	1340	930	103	20	0	375	2230	48	3	1	63	none
Wicked Sauce	8 wings, fries & celery	1500	1100	124	26	0	400	2110	45	3	1	63	egg, soy
Sweet Soy Sauce	8 wings, fries & celery	1340	790	88	20	0	375	3280	78	3	29	65	soy, wheat, sesame seed
Garlic PArmesan Sauce	8 wings, fries & celery	1390	970	108	22	0	375	2580	48	3	1	63	milk, soy
Hot Honey Sauce	8 wings, fries & celery	1430	820	91	20	0	375	1540	100	4	59	63	soy
Sweet Baby Ray's Sauce	8 wings, fries & celery	1370	790	88	20	0	375	2160	85	3	41	63	none
Blackened Dry Rub	8 wings, fries & celery	1490	1090	123	26	0	375	2270	43	3	1	63	soy
Nashville Hot Dry Rub	8 wings, fries & celery	1520	1110	125	27	0	375	2820	47	4	3	63	soy
Smoked Wings													
Smoked Wings-Naked	6 wings & celery	600	420	46	12	0	280	280	3	1	1	46	none
Smoked Wings-Mild	6 wings & celery	620	420	46	12	0	280	920	7	1	1	46	none
Smoked Wings-Medium	6 wings & celery	620	420	46	12	0	280	1360	7	1	1	46	none
Smoked Wings-Hot	6 wings & celery	620	420	46	12	0	280	1440	7	1	1	46	none
Smoked Wings-Buffalo	6 wings & celery	720	530	58	12	0	280	920	7	1	1	46	none
Smoked Wings-Wicked	6 wings & celery	850	670	75	17	0	300	820	4	1	1	46	egg, soy
Smoked Wings-Sweet Soy	6 wings & celery	720	420	46	12	0	280	1760	31	1	23	48	soy, wheat, sesame seed
Smoked Wings-Garlic Parm	6 wings & celery	760	560	62	14	0	280	1200	7	1	1	46	milk, soy
Smoked Wings-Hot Honey	6 wings & celery	790	440	48	12	0	280	360	49	1	47	46	soy
Smoked Wings--Swt Baby Ray's	6 wings & celery	740	420	46	12	0	280	860	37	1	33	46	none
Smoked Wings - Blackened Dry Rub	6 wings & celery	840	660	74	17	0	280	920	3	1	1	46	soy
Smoked Wings - Nashville Hot Dry Rub	6 wings & celery	860	670	76	18	0	280	1330	6	2	2	46	soy
Smoked Wings-Naked	10 wings and celery	990	700	77	21	0	470	420	3	1	1	76	none
Smoked Wings-Mild	10 wings and celery	1020	700	77	21	0	470	1380	9	1	1	76	none
Smoked Wings-Medium	10 wings and celery	1020	700	77	21	0	470	2040	9	1	1	76	none
Smoked Wings-Hot	10 wings and celery	1020	700	77	21	0	470	2160	9	1	1	76	none
Smoked Wings-Buffalo	10 wings and celery	1170	860	95	21	0	470	1380	9	1	1	76	none
Smoked Wings-Wicked	10 wings and celery	1360	1070	120	28	0	495	1240	5	1	1	76	egg, soy
Smoked Wings-Sweet Soy	10 wings and celery	1170	700	77	21	0	470	2640	45	1	34	79	soy, wheat, sesame seed
Smoked Wings-Garlic Parm	10 wings and celery	1230	910	101	24	0	470	1800	9	1	1	76	milk, soy
Smoked Wings-Hot Honey	10 wings and celery	1280	720	80	21	0	470	550	72	2	70	76	soy
Smoked Wings--Swt Baby Ray's	10 wings and celery	1200	700	77	21	0	470	1290	54	1	49	76	none
Smoked Wings - Blackened Dry Rub	10 wings and celery	1350	1060	119	28	0	470	1450	3	1	1	76	soy
Smoked Wings - Nashville Hot Dry Rub	10 wings and celery	1390	1070	121	29	0	470	2140	8	2	3	76	soy
Smoked Wing Basket													
Naked	8 wings, fries & celery	1110	720	79	18	0	375	1430	43	3	1	63	none
Mild Sauce	8 wings, fries & celery	1140	720	79	18	0	375	2230	48	3	1	63	none
Medium Sauce	8 wings, fries & celery	1140	720	79	18	0	375	2780	48	3	1	63	none
Hot Sauce	8 wings, fries & celery	1140	720	79	18	0	375	2880	48	3	1	63	none
Buffalo Sauce	8 wings, fries & celery	1260	850	94	18	0	375	2230	48	3	1	63	none
Wicked Sauce	8 wings, fries & celery	1420	1020	115	24	0	400	2110	45	3	1	63	egg, soy
Sweet Soy Sauce	8 wings, fries & celery	1260	720	79	18	0	375	3280	78	3	29	65	soy, wheat, sesame seed
Garlic PArmesan Sauce	8 wings, fries & celery	1310	900	99	21	0	375	2580	48	3	1	63	milk, soy
Hot Honey Sauce	8 wings, fries & celery	1350	740	82	18	0	375	1540	100	4	59	63	soy
Sweet Baby Ray's Sauce	8 wings, fries & celery	1290	720	79	18	0	375	2160	85	3	41	63	none
Blackened Dry Rub	8 wings, fries & celery	1410	1020	114	24	0	375	2270	43	3	1	63	soy
Nashville Hot Dry Rub	8 wings, fries & celery	1440	1030	116	25	0	375	2820	47	4	3	63	soy

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Sandwiches													
Signature Chicken Sandwich	Sandwich & fries												
Fried		1180	620	70	11	0	90	3120	101	3	12	36	wheat, soy, egg, milk
Fried Spicy		1180	620	70	11	0	90	3240	101	3	12	36	wheat, soy, egg, milk
Grilled		1060	560	63	9	0	90	2860	88	3	10	35	wheat, soy, egg
Grilled Spicy		1060	560	63	9	0	90	2970	89	3	11	35	wheat, soy, egg
Deluxe Chicken Sandwich	Sandwich & fries												
Fried		1180	620	70	11	0	90	3130	101	4	12	37	wheat, soy, egg, milk
Fried Spicy		1190	630	70	11	0	90	3240	102	4	12	37	wheat, soy, egg, milk
Grilled		1060	560	63	9	0	90	2860	89	3	11	35	wheat, soy, egg
Grilled Spicy		1070	560	63	9	0	90	2980	89	3	11	35	wheat, soy, egg
Baja Chicken Sandwich	Sandwich & fries												
Fried		1320	710	80	15	0	115	3660	103	4	13	48	wheat, soy, egg, milk
Fried Spicy		1320	710	81	15	0	115	3770	104	4	13	48	wheat, soy, egg, milk
Grilled		1200	650	73	14	0	110	3400	90	3	11	47	wheat, soy, egg
Grilled Spicy		1200	650	73	14	0	110	3510	91	3	12	47	wheat, soy, egg
BBQ Bacon Chicken Sandwich	Sandwich & fries												
Fried		1540	710	79	19	0	105	4350	156	3	53	48	wheat, soy, egg, milk
Fried Spicy		1540	710	80	19	0	105	4460	156	3	53	48	wheat, soy, egg, milk
Grilled		1420	640	72	18	0	100	4080	143	3	51	47	wheat, soy
Grilled Spicy		1420	650	73	18	0	100	4200	144	3	51	47	wheat, soy
Honey Mustard Chicken Sandwich	Sandwich & fries												
Fried		1170	580	65	10	0	80	3140	109	4	20	36	wheat, soy, egg, milk
Fried Spicy		1170	580	66	10	0	80	3260	110	4	20	37	wheat, soy, egg, milk
Grilled		1050	520	58	9	0	80	2880	97	3	19	35	wheat, soy, egg
Grilled Spicy		1050	520	58	9	0	80	2880	97	3	19	35	wheat, soy, egg
Sunrise Sandwich	Sandwich & fries	1280	790	88	19	0	440	2990	84	3	8	39	wheat, soy, egg, milk
Hatch Burger	Burger & fries	1340	820	91	21	0	465	3940	87	4	9	42	wheat, soy, egg
Add Cheddar cheese	1 slice	80	60	7	4	0	20	135	0	0	0	5	milk
Add Bacon	2 half-slices	180	130	15	5	0	30	620	1	0	1	12	none

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Salads													
Caesar Salad	Salad w/dressing												
Fried		1080	720	80	16	0	320	2810	47	4	15	42	milk, egg, soy, fish, wheat
Fried Spicy		1080	720	80	16	0	320	2920	47	4	16	43	milk, egg, soy, fish, wheat
Grilled		960	660	73	14	0	320	2540	34	4	14	41	milk, egg, soy, fish, wheat
Grilled Spicy		960	660	73	14	0	320	2660	35	4	14	41	milk, egg, soy, fish, wheat
Cobb Salad	Salad (no dressing)												
Fried		800	490	55	16	0	305	2060	32	10	9	49	milk, egg, wheat
Fried Spicy		800	500	55	16	0	305	2150	2	10	9	49	milk, egg, wheat
Grilled		710	450	50	15	0	300	1840	21	9	7	48	milk, egg
Grilled Spicy		710	450	49	15	0	300	1930	21	10	7	48	milk, egg
Hatch Salad	Salad (no dressing)												
Fried		610	300	66	11	0	280	1410	37	6	15	42	milk, egg, wheat, tree nuts
Fried Spicy		610	300	67	11	0	280	1530	37	6	15	43	milk, egg, wheat, tree nuts
Grilled		490	230	59	10	0	275	1150	24	6	13	41	milk, egg, tree nuts
Grilled Spicy		490	240	59	10	0	275	1260	25	6	13	41	milk, egg, tree nuts
Choice of Dressing:													
Caesar	1.75 oz	240	220	24	4.5	0	25	540	3	0	3	2	milk, egg, soy, fish
Ranch	1.75 oz	170	170	19	2.5	0	15	470	2	0	2	2	milk, egg
Bleu Cheese	1.75 oz	260	250	28	3.5	0	15	450	2	0	2	2	egg, milk, soy
Honey Mustard	1.75 oz	280	240	26	4.5	0	15	240	14	0	14	0	egg
White Balsamic	1.75 oz	230	190	21	3.5	0	0	300	9	0	7	0	none
Strawberry Balsamic	1.75 oz	230	170	19	3	0	0	270	13	0	12	0	none
Lite Italian	1.5oz packet	60	45	5	0.5	0	0	310	3	0	2	0	none

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Kids													
Kid's Nuggets	4 nuggets & fries												
Fried		470	210	23	2.5	0	25	1900	56	2	3	11	wheat, milk, egg
Fried Spicy		480	210	23	2.5	0	25	1960	56	2	3	12	wheat, milk, egg
Grilled		380	170	19	1.5	0	25	1640	44	2	2	10	none
Grilled Spicy		380	170	19	1.5	0	25	1690	44	2	2	10	none
Kid's Tenders	2 tenders & fries												
Fried		560	250	28	4	0	60	2050	55	2	4	23	wheat, milk, egg
Fried Spicy		570	250	28	4	0	60	2140	56	2	4	23	wheat, milk, egg
Grilled		470	210	23	3	0	55	1830	45	2	3	22	none
Grilled Spicy		480	210	23	3	0	55	1920	45	2	3	22	none
Kid's Chicken Salad	Salad (no dressing)												
Fried		270	140	15	5	0	45	1040	19	1	3	16	wheat, milk, egg
Fried Spicy		270	140	15	5	0	45	1080	19	1	3	16	wheat, milk, egg
Grilled		200	100	12	4.5	0	45	840	10	1	2	15	milk, wheat
Grilled Spicy		200	110	12	4.5	0	45	880	10	1	2	15	milk, wheat
Kid's Mac & Cheese	Mac & cheese & fries	760	430	49	11	0.5	35	1820	71	3	6	16	milk, wheat, egg, soy

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Sides													
Fries	6 oz	320	160	18	1.5	0	0	1080	40	2	0	2	none
Mac & Cheese	6 oz	450	280	31	9	0	35	740	31	1	6	14	egg, wheat, milk, soy
Onion Rings	1 serving	680	140	16	2.5	0	5	2570	123	5	17	13	wheat, milk, egg
Add Hatch Sauce	1.75 oz	180	150	17	2	0	15	580	6	0	5	0	egg
Power Slaw	4 oz	330	230	26	3.5	0	20	390	21	4	17	3	egg
Garden Salad	Salad (no dressing)	160	100	11	4	0	25	430	8	1	1	9	milk, wheat
Add Choice of Dressing	See above												
Chocolate Chip Cookie	1 cookie	490	210	23	12	0	40	270	69	3	41	6	egg, wheat, milk, soy
Peanut Butter Cup Cookie	1 cookie	630	340	38	17	0	40	480	66	2	46	11	egg, wheat, milk, soy, peanuts
Beverages													
Blueberry, Lime & Mint Infuser	12 fl oz	170	5	0.5	0	0	0	15	42	2	39	0	None
Berry, Cucumber & Thyme Infuser	12 fl oz	120	0	0	0	0	0	15	31	2	27	0	None
Pineapple, Coconut & Cherry Infuser	12 fl oz	140	0	0	0	0	0	35	36	1	26	1	None
Unsweet Tea	12 fl oz	0	0	0	0	0	0	15	0	0	0	0	None
Sweet Tea	12 fl oz	150	0	0	0	0	0	15	39	0	39	0	None
Mango Tea	12 fl oz	160	0	0	0	0	0	15	37	0	37	0	None
Peach Tea	12 fl oz	130	0	0	0	0	0	40	32	0	32	0	None
Raspberry Tea	12 fl oz	150	0	0	0	0	0	35	35	0	35	0	None
Intense Lemonade, Sweet	12 fl oz	220	0	0	0	0	0	15	59	2	54	0	None
Intense Lemonade, Skinny	12 fl oz	50	0	0	0	0	0	15	15	2	9	0	None
Blueberry Lemonade Smasher, Sweet	12 fl oz	250	0	0	0	0	0	15	67	2	61	1	None
Strawberry Lemonade Smasher, Sweet	12 fl oz	250	0	0	0	0	0	15	67	2	61	1	None
Blueberry Lemonade Smasher, Skinny	12 fl oz	80	0	0	0	0	0	15	23	2	16	1	None
Strawberry Lemonade Smasher, Skinny	12 fl oz	80	0	0	0	0	0	15	23	2	16	1	None
Chocolate Milkshake	1 serving	660	250	27	19	0.5	80	170	93	2	74	11	Milk, soy
Vanilla Milkshake	1 serving	620	240	27	18	0.5	80	230	82	0	69	13	Milk
Strawberry Milkshake	1 serving	620	230	25	17	0	75	180	86	0	71	12	Milk